



Begins Working Immediately!

Detoxify wants you to experience the maximum benefits from your cleansing program. Read this information, choose the Detoxify Brand products that are right for you, follow our suggestions and you can get clean.

Full System Cleansing – What You Need to Know

Make detoxification an everyday routine.

Every day, you ingest harmful toxins and impurities into your system. There are more and more toxins present in the air we breathe, the food we eat, and the water we drink. And many of us compound this problem with our lifestyle choices. These toxins accumulate in our bodies and cause adverse health effects. Impurities can stay in our bodies anywhere from several hours to a lifetime, depending on the types and amounts absorbed each day. In such situations, it is imperative for your body to be restored to a healthy balance.

Periodic intensive cleansing is important, but to achieve optimal benefits you need to detox every day. Detoxify Constant Cleanse is specially formulated to optimize your cleansing routine.

Choose the Detoxify product that is right for you.

Every person has different cleansing needs, which is exactly why Detoxify has a product for every person and every need.

Each Detoxify Brand product has been designed to address the 4 Factors of Full System Cleansing™. Additionally, each Detoxify Brand product has special ingredients to maximize your cleansing benefits based on your needs. Simply use the Need Evaluation Sheet tool in this brochure to determine which product is right for you.

Remember, although Detoxify products can be used for a one day intensive cleansing program, we always recommend extending your program to 48 hours with our precleansing products.

Follow the directions on your Detoxify product.

Your Detoxify Brand product has been created after years of research and successful use by people just like you. There is no need to be creative. Simply follow the directions, as well as our additional health tips, and we guarantee that you'll be satisfied.

**It's time
to get
clean.**



#1 because it works!

www.detoxify.com



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Frequently Asked Questions

Do Detoxify products work?

Yes they do. Millions of satisfied people just like you are proof of our unwavering commitment to providing products you can count on. You can trust Detoxify to help you achieve all of your cleansing goals.

How do Detoxify products work?

Toxins are eliminated and released from the body through your skin, liver, kidneys, urinary system, and bowels. Certain herbs, fiber and nutrients help support and enhance this process. The cleansing power of these ingredients can be found in every Detoxify Brand product.

Each Detoxify product supports all 4 Factors of Full System Cleansing™:

- Diuretic and cleansing herbs support healthy liver, kidney and urinary system function.
- Fruit fiber supports digestive system function and health.
- Heart health herbs support circulatory system function and blood cleansing.
- Vitamins and minerals replenish nutrients lost during intensive cleansing.

Detoxify's strongest products, Green Clean and Mega Clean also contain ingredients known to boost the metabolism. Metabolic enhancement is critical to achieving the most rapid intensive cleansing possible.

How can I optimize my cleansing?

After you have chosen the Detoxify Brand product that is right for you, we suggest that you follow these guidelines:

- Avoid toxins and toxic environments when possible.
- Incorporate a healthy diet into your lifestyle. High-fat, greasy foods have been shown to slow the detoxification process.
- Avoid alcoholic beverages, over-the-counter drugs, and unnecessary medications.
- Water is a catalyst to the body's natural cleansing process. Begin drinking six, 16-ounce glasses of water per day.
- Exercise. Aerobic exercise raises your metabolism, which assists in the detoxification process.

Detoxify
BRAND

Need Evaluation Sheet

Place appropriate number from categories below in box after each heading.

GENDER

TOXIN LEVEL

TIME

PRODUCT TYPE

TOTAL SCORE*

*See the SCORE to the right to find the recommended product to be used.

GENDER

MALE 2

FEMALE 3

TOXIN LEVEL

HEAVY 5

AVERAGE 1

TIME TO PRECLEANSE

NONE 7

24 HRS + 1

PRODUCT TYPE

LIQUID L

CAPSULE C

PRODUCT	TOXICITY vs TIME	PRODUCT DESCRIPTION
		MEGA CLEAN If your cleansing needs are immediate and you prefer a larger product, Mega Clean is the right choice. Especially if you are heavily toxic. PRODUCT NEED SCORE: 10-15 L
		GREEN CLEAN If your cleansing needs are immediate and you prefer a smaller product, Green Clean is the right choice. Especially if you are heavily toxic. PRODUCT NEED SCORE: 10-15 L
		XXTRA CLEAN If you are heavily toxic, and you have time for a more thorough cleansing program, Xtra Clean is for you. And don't forget to include PreCleanse for optimal benefits. PRODUCT NEED SCORE: 8-9 L
		READY CLEAN If you have time to cleanse thoroughly, and you are an average Joe, Ready Clean is just right. You'll want to add PreCleanse for complete cleansing. PRODUCT NEED SCORE: 4 L
		READY CLEAN FOR WOMEN If you have time for a full cleansing and you are an average Jane, Ready Clean for Women has been specially formulated for you. Make sure you include PreCleanse as a preparation. PRODUCT NEED SCORE: 5 L
		FAST & CLEAN If you'd rather have convenient capsules instead of a liquid, Fast & Clean is the perfect option. Take it with PreCleanse for best results. PRODUCT NEED SCORE: 4-15 C